

Monday 7th October 2024

Healthy Relationships School Project

Dear Parent/Carer,

We are very pleased to inform you that we are working in partnership with Tender Education & Arts that have been supporting schools with Healthy Relationship education across London since 2003, and nationally since 2012.

This half term, the Tender team will be delivering whole day workshops with the children in year 5.

21st October for Rose class
22nd October for Amethyst class.

The aim is to support students in developing positive, healthy attitudes towards relationships. This is achieved through open, creative workshops that explore the healthy and unhealthy aspects of relationships, empowering students to consider their attitudes and behaviour in a mature and safety-conscious way.

During the project, students will:

- Identify key elements of healthy and unhealthy relationships.
- Recognise early warning signs of unhealthy relationships.
- Explore the importance of equality and respect.
- Understand personal boundaries and consent.
- Increase self-confidence and empathy for others.
- Develop awareness of where to seek or signpost support.

Tender has undergone professional external evaluations showing a powerful impact on behaviour. Their participatory work empowers young people to become advocates of respectful, thoughtful behaviour within their schools, peer groups and communities.

Please feel free to contact the school if you have any questions about the project.

Many thanks,

Ms Rauf