

Tuesday 25th February 2025

Ramadan and Eid

Dear Parents/Carers,

With Ramadan due to start on 28th February and last until the 30th March (depending on the moon), I wanted to write to the school community and let you know what we can do to support those children who are required to fast. When a child reaches puberty, they may be required to fast, therefore we expect that some children in year 6 and maybe year 5 will be fasting during this time.

To ensure the wellbeing of the children during their day at school while fasting, the children will come to lunch club over the lunch hour so they can be looked after in a quieter environment inside the building.

We would kindly request that those children who are fasting, only do so on the days they do not have PE.

Fasting days for both Year 6 classes will be on: Monday, Tuesday and Thursday

Fasting days for Rose class will be on: Tuesday, Thursday and Friday

Fasting days for Amethyst class will be on: Monday, Tuesday and Friday.

As a trust, we have also planned for our mock SATs and NFER assessments to take place during the week beginning 17th March. If your child is going to fast during this week, please make sure that they have eaten before they come to school.

You must let the school office know as soon as possible if you require your Year 5 or Year 6 child to fast. If we do not hear from you, we will expect your child to not be fasting.

Kind regards,

Gemma Vincent
Headteacher
Kingfisher Hall Academy